



*“Working together with people of all ages and cultures, to develop community wellness and prevention awareness.”*



## **The 18<sup>th</sup> Creating Cultural Harmony Conference**

***“Celebrating Family Cultures and the Cultures of Families”***

**Friday, February 10, 2017**

**8:30 a.m. – 5:00 p.m.**

**San Juan College Henderson Fine Arts Center**

### **CONFERENCE AGENDA**

*Please join us for a day of celebration and learning. This one day conference offers residents of the Four Corners and the State of New Mexico an exciting and fun day with presentations and celebrate our diverse cultures.*

*In the landscape of our changing family structures, the conference will honor the cultural traditions that families have established and will look at new family structures and dynamics that are an integral part of our multi-cultural community. Please join us to learn more about our families and what contributes to family culture.*

#### **Participant Arrival, Continental Breakfast**

*8:00 AM - 8:30 AM*

Participant Check-In.....Lobby

#### **Opening Ceremony**

*8:30 AM*

#### **Keynote Address**

*9:15 AM- 10:15 AM*

#### **“La Cultura Cura” – Presented by Erwin J. Rivera**

*Our keynote speaker this year is Erwin J. Rivera. Mr. Rivera is the Northeast Region Community Resource/Family Specialist for Engaging Latino Communities for Education (ENLACE), in Santa Fe. ENLACE is a statewide collaboration that represents the voices of underrepresented children and families – people who have not traditionally had a say in policy initiatives that have had direct impact on their communities or their families. Mr. Rivera is also the Natural Helpers Coordinator. Natural Helpers is a peer-helping program that is designed to lower the adolescent suicide rate and create a caring and supportive community in schools.*

The Focus of this keynote address will be on the strengths and challenges faced by New Mexico families and the struggles in education. Special attention will be placed on the cultural strengths of native New Mexicans, which will include historical contributions made by the various cultures and ethnicities of those who call New Mexico “home.” Some of the challenges to be addressed will include issues of suicide, addictions, mental health, incarceration, poverty, rural isolation, first generation high school graduates and college enrollment, cultural conflicts within education, with a focus on the crisis and opportunity of “grandparents raising grandchildren.”

## **Morning Workshops**

*10:30 AM – 12:00 Noon*

### **Workshop A: Panel Discussion on Family Cultural Traditions**

**Panel Members:** *David Florez, Farmington Public Library – Teen Services Coordinator, Founder and Senior Pastor- Journey Church; Randy John, Public Health Advisor – OEHE/IHS; Kenneth Winfrey, LCSW, Health Outreach Coordinator – State of NM Office of African Affairs; Laura Ryan, Transition Coordinator – Bloomfield High School*

This multi-cultural panel will present traditions and practices that are honored within their families. While we know the traditions of our own cultures, this session will give us an opportunity to learn about the family traditions of other cultures.

### **Workshop B: La Cultura Cura – Family Remedies**

**Presented by:** *Erwin J. Rivera, ENLACE Community Resource, Family Specialist & Natural Helpers Coordinator*

This workshop will continue the discussion on the strengths and challenges of the various cultures and ethnicities of those who call New Mexico “home.” A special focus in this workshop will look at the cultural aspects relating to families and parenting.

**\*\*This workshop will be repeated at 3:00 – 4:30 p.m. in the afternoon sessions.**

### **Workshop C: The Best Way to Predict Your Future is to Create It**

**Presented by:** *James Junes, Motivational Speaker/ Native Comedian/Actor*

Participants will learn to motivate, to inspire, to dream and to make a difference. Topics will include communication, responsibilities, role modeling, values, identity, attitude, productivity, leadership, life balance, success, team work, relationships, goal setting, peer pressure, education, choices, parenting, commitments, living a healthy lifestyle, drug and alcohol awareness, and living a sober life.

**\*\*This workshop will be repeated at 1:15 – 2:45 p.m. in the afternoon sessions.**

## **LUNCH WILL BE SERVED IN ROOM 9006**

*12:00 noon – 1:00 PM*

## **Afternoon Workshops**

*1:15 PM – 2:45 PM*

### **Workshop A: Discovering Your Individual Family Culture**

**Presented By:** *Charles Stacey, MA, LMFT, Choices Counseling*

We each have a family culture that is, to a great extent, outside our conscious awareness. In this are unwritten family rules, roles and expectations. Using the theories of systemic family therapy and experiential exercises, the participants will discover their own family culture. Using “Sculpting” and the genogram, each participant will bring forth the structures, communication patterns, family roles and beliefs that, once conscious, can be used to strengthen the individual and the family. This workshop will include a discussion of the effects of inter-generational trauma, addiction and domestic violence. We will also explore the protective factors of family and culture and the resilience we experience and often don’t recognize or appreciate.

**\*\*This workshop will be repeated at 3:00-4:30 p.m. in the afternoon sessions.**

**Workshop B: Navajo Wellness Model – Ceremonies bring wellness and living to be 102**

**Presented By:** *Robert Curley, Traditional Counselor – Totah Behavioral Health Authority*

Participants will learn about the ceremonies and chants that are part of the Navajo Wellness Model curriculum. The curriculum uses the Diné traditional way of incorporating a healthy lifestyle and to be able to reach 102 years of age. The curriculum increases awareness and traditional knowledge about personal health and having a healthy family and healthy environment.

**\*\*This workshop will be repeated at 3:00-4:30 p.m. in the afternoon sessions.**

**Workshop C: The Best Way to Predict Your Future is to Create It**

**Presented by:** *James Junes, Motivational Speaker/ Native Comedian/Actor*

**\*\*See description of workshop above**

**Afternoon Workshops**

*3:00 PM – 4:30 PM*

**Workshop A: Discovering Your Individual Family Culture**

**Presented By:** *Charles Stacey, MA, LMFT; Choices Counseling*

**\*\*See description of workshop above**

**Workshop B: La Cultura Cura – Family Remedies**

**Presented by:** *Erwin J. Rivera, ENLACE Community Resource, Family Specialist & Natural Helpers Coordinator*

**\*\*See description of workshop above**

**Workshop C: Navajo Wellness Model – Ceremonies bring wellness and living to be 102**

**Presented By:** *Robert Curley, Traditional Counselor – Totah Behavioral Health Authority*

**\*\*See description of workshop above**

**Closing Ceremony**

*4:40 PM*

**\*\*\*\*\*YOUTH TRACK INSTRUCTIONS\*\*\*\*\***

**If you are an adult who will be attending the Youth Track workshops, please fill in the *Youth Track* registration form.**

**If you have any questions, please contact us at: [office@sjcpartnership.org](mailto:office@sjcpartnership.org); or call 505-566-5867**



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## Registration Form

**18<sup>th</sup> Creating Cultural Harmony Conference - February 10, 2017**

***“Celebrating Family Cultures and the Culture of Families”***

To ensure a seat in your chosen workshop, please send completed registration form with the registration fee to:

**Mail:** San Juan County Partnership-CCHC, 3535 E. 30<sup>th</sup> St., Ste. 239, Farmington, NM 87402

**Fax:** (505) 566-5870

**Email:** [office@sjcpartnership.org](mailto:office@sjcpartnership.org)

**Make checks or money orders payable to: San Juan County Partnership**

***We are sorry we cannot accept credit cards; payment must be cash, check, money order or a purchase order. If you will be paying the day of the conference, please make a note at the bottom of the form.***

- \$45.00 non-refundable registration fee**, includes CEH’s, morning snack, and lunch.
- \$25.00 F/T Student - non-refundable registration fee**, includes CEH’s, morning snack, and lunch

<b>Participant Information</b>		
Please type or print. Complete a separate form for each registrant. We must have an address in order to mail Continuing Education Hours (CEH) certificate.		
<b>First Name</b>	<b>Last Name</b>	<b>**CEH:    Yes    No</b>
<b>Organization</b>		
<b>Address</b>		
<b>City</b>	<b>State</b>	<b>Zip Code</b>
<b>Telephone</b>	<b>Fax</b>	<b>Email</b>

***We will make every effort to give you your first choice of workshops. Workshops will be assigned on a first come, first served basis.***

***Please select the letter for your first and second choices of workshops for each session:***

**MORNING SESSION: 10:30 a.m. – 12:00 noon    First Choice \_\_\_\_\_ Second Choice \_\_\_\_\_**

A – “Panel Discussion on Family Cultural Traditions ” – Panel Members

B - “La Cutura Cura – Family Remedies” – Erwin J. Rivera

C – “The Best Way to Predict Your Future is to Create It” – James Junes

**AFTERNOON SESSION: 1:15 p.m. – 2:45 p.m. First Choice:\_\_\_\_\_Second Choice:\_\_\_\_\_**

- A – “Discovering Your Individual Family Culture” - Charles Stacey
- B – “Navajo Wellness Model – Ceremonies bring wellness and living to be 102” – Robert Curley
- C – “The Best Way to Predict Your Future is to Create It” – James Junes

**AFTERNOON SESSION: 3:00 p.m. – 4:30 p.m. First Choice:\_\_\_\_\_Second Choice:\_\_\_\_\_**

- A – “Discovering Your Individual Family Culture” Charles Stacey
- B – “La Cultura Cura – Family Remedies” – Erwin J. Rivera
- C – “Navajo Wellness Model – Ceremonies bring wellness and living to be 102” – Robert Curley

**\*\*Please note that 4.5 Continuing Education Hours (CEH) are pending from the New Mexico Credentialing Board for Behavioral Health Professionals in Cultural Competency/Awareness. CEH certificates will be mailed to participants who complete their paperwork after the conference concludes.**

*San Juan College Henderson Fine Arts Center is an accessible facility. However, if you need special accommodations or interpreters, please contact San Juan County Partnership at (505) 566-5867 prior to the conference.*

If you have any special dietary needs, please specify here:\_\_\_\_\_

**Please Note:**

**No refunds will be given for withdrawal or non-attendance of the conference. If, due to circumstances beyond our control, a workshop is cancelled you will be given your second choice of workshop. If the conference is cancelled due to weather or some other unforeseeable event, a full refund will be mailed to attendees within 30 days.**

**Satisfactory completion of class for CEH credit. Attendees must arrive on time to the class and may not leave early in order to receive credit for attendance at the class. Participants will be required to submit a signed ticket for each class and a completed evaluation form to the room monitor upon leaving at the end of the class. Room monitors may not accept tickets or evaluations before the end of the class. Evaluations and tickets may not be filled out and submitted at a later date. If both the ticket and evaluation form are not received, a CEH certificate for that class will not be issued. Continuing Education Hour certificates will be mailed to participants fulfilling the requirements within two weeks of the conference.**

4imprint and several local businesses have donated promotional items and prizes for our conference. Each attendee will receive a bag with fun items and there will be a door prize drawing at the end of each workshop. A grand prize will be awarded at the closing ceremony; you must be present to win. Join us and take one home!

**For Office Use Only:**

**Date Received \_\_\_\_\_ Cash \_\_\_\_\_ CK# \_\_\_\_\_ MO/PO# \_\_\_\_\_**

**Recorded by: \_\_\_\_\_ CEU’s Requested: \_\_\_\_\_ CEU Certificate Mailed \_\_\_\_\_**



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## **Youth Track Workshops**

### **18<sup>th</sup> Creating Cultural Harmony Conference**

*"Celebrating Family Cultures and the Culture of Families"*

**February 10, 2017, 10:15 a.m. – 2:00 p.m.**

**San Juan College Henderson Fine Arts Center**

**Once again, San Juan County Partnership is offering workshops especially for youth! The dynamic speaker will be presenting workshops designed specifically for high school students. Lunch will be provided.**

***Youth Track Check-in – 9:30 a.m. - in lobby of Fine Arts Center***

#### **YOUTH TRACK WELCOME AND OPENING**

*10:15 A.M. – 10:30 A.M.*

#### **YOUTH TRACK MORNING WORKSHOP**

*10:30 A.M. – 12:00 NOON*

**"Service Leadership"**

**Presented by Alma Rivera**

*Alma Rivera is the Northeast ENLACE Program Coordinator and Campaign 2020 Co-Founder. As an ENLACE student in high school, Alma graduated with the highest honors, went on to be a successful college student and first generation college graduate. It has been her privilege to serve as a mentor, tutor, facilitator, co-instructor and keynote speaker through the ENLACE/AVID Collaborative. In 2005 Alma co-founded Campaign 2020, a youth Political Action Committee created to educate, train and involve youth in policy-making decisions that impact their lives.*

Passionate about leadership, volunteerism and serving our communities, Alma Rivera will help students find their voice and their passion to use it. Participants will learn how to get involved and create change, building the leader within us all. Tools for overcoming obstacles to participants' success will be shared in this interactive workshop. Education opens doors and creates opportunities in life that are far beyond what many students realize.

#### **LUNCH WILL BE SERVED IN THE SUNS DINING ROOM**

*12:00 noon – 1:00 p.m.*

#### **YOUTH TRACK AFTERNOON WORKSHOP**

*1:00 p.m. – 2:00 p.m.*

This workshop will be a continuation of the morning workshop.

If you are an adult/chaperone who will be attending the Youth Track workshops, please fill in the Youth Track registration form. Individual youth may fill out the Youth Track form, **or if you are bringing a group from a school**, you may submit a list of students who will be coming, **no later than January 30<sup>th</sup>**, instead of filling out individual forms. Each youth group must have at least one adult for every 6 youth. **Adults will be expected to stay with youth at all times.** Youth Track check-in begins at **9:30 a.m.** and opening/welcome is at **10:15 a.m.**. Last workshop ends at **2:00 p.m.**, please make arrangements for bus pickup at that time.



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**February 10, 2017 – San Juan College Henderson Fine Arts Center**

### **\*\*Youth Track Conference Registration Form\*\***

**Youth Track registration will be limited to 60 youth and leaders due to space restrictions and will be on a first come, first served basis.**

To ensure a seat in the youth workshops, please send completed registration form with the registration fee to:

**Mail:** San Juan County Partnership-CCHC, 3535 E. 30<sup>th</sup> St., Ste. 239, Farmington, NM 87402

**Fax:** (505) 566-5870

**Email:** [office@sjcpartnership.org](mailto:office@sjcpartnership.org)

Make checks or money orders payable to: San Juan County Partnership

***We are unable to accept credit cards; payment must be made by cash, check, money order or purchase order.***

- \$25.00 Student - non-refundable registration fee**, includes lunch
- \$25.00 Adult Chaperon – non refundable registration fee**, includes lunch

Youth Track Participant Information			
First Name	Last Name	Student	Adult
Organization/School			

*Each attendee will receive a bag of goodies and the opportunity to win one of the many door prizes donated for the conference.*

**For Office Use Only:**

**Date Received** \_\_\_\_\_ **Cash** \_\_\_\_\_ **CK#** \_\_\_\_\_ **MO/PO#** \_\_\_\_\_