



“Working together with people of all ages and cultures, to develop community wellness and prevention awareness.”



The 19th Creating Cultural Harmony Conference

“Connections”

Tuesday, April 2, 2019

8:30 a.m. – 5:00 p.m.

Henderson Fine Arts Center 9000 rooms

CONFERENCE AGENDA

Please join us for a day of celebration and learning. This one day conference offers residents of the Four Corners and the State of New Mexico an exciting and fun day with presentations that celebrate our diverse cultures.

As we celebrate our diverse cultures, we recognize the importance of connections—with our land, communities, neighbors, friends and families. This conference will emphasize the need for making and maintaining connections and building relationships that are essential to the well-being of the Four Corners.

Participant Arrival, Breakfast Snacks

8:00 AM - 8:30 AM

Participant Check-In.....Lobby

Opening Ceremony

8:30 AM

Keynote Address

9:15 AM- 10:15 AM

“Connecting People Through the Strengths of Culture and Systems”

Our keynote speaker this year is Craig L. PoVey. Mr. PoVey is the Prevention Administrator/M.S.V., at the State of Utah, Division of Substance Abuse and Mental Health. He also serves on the National Advisory Council, Center for Substance Abuse Services, the National Prevention Network Executive Committee and is a liaison for NPN and Society for Prevention Research. Mr. Povey has twice won the National Prevention Network Outstanding Prevention Administrator award, the Utah Department of Human Services Prevention Pillar Award, Governor’s Award for Exceptional Public Service and Four Years Distinguished Service on the CADCA Coalition Advisory Committee.

There is great strength when people that think differently pull together and utilize their strengths for the greater whole. Likewise, breaking down silos in systems and navigating the myriad of multiple funding streams is mutually beneficial for those working in a community, as well as providing a synergistic effect for the people living there. This presentation will garner appreciation for “others” no matter if it’s people, programs, companies, or systems.

Morning Workshops

10:30 AM – 12:00 Noon

Workshop A: Connecting with each other - Listen on FIRE!

Presented by: *Dr. Mike Hattabaugh, CEO Encouragement Lab, Associate Professor of Communication at San Juan College ,BA, M.Div. D. Min.*

Improve your relationships with patients and coworkers through FIRE listening, a new and dynamic method for connecting with others. A four-step listening plan, it is guaranteed to improve your communication if you use it correctly. You will learn an excellent new skill and have an exciting time doing it!

****This workshop will be repeated at 3:00 – 4:30 p.m. in the afternoon sessions.**

Workshop B: Connecting Cultures - Practicing Cultural Humility

Presented by: *Pamela L. Begay, LCSW, Licensed Clinical Social Worker in Private Practice*

What is cultural humility? In this workshop you will learn ways to personally evaluate and ways to practice cultural humility. You will be able to define cultural humility and identify power imbalances on micro, macro and mezzo levels. Participants will explore personal and community effects of practicing cultural humility.

****This workshop will be repeated at 1:15 – 2:45 p.m. in the afternoon sessions.**

Workshop C: Connecting Community Through Food Systems

Presented by: *Bonnie Hopkins, New Mexico State University, Agriculture Extension Agent*

This workshop will give attendees an overview of local food system opportunities and challenges. Attendees will gain knowledge of food access concerns in the Four Corners, learn about food system structure models and examples of successful models. A timeline for progress in Farmington, NM, will also be discussed.

****This workshop will be repeated at 3:00 – 4:30 p.m. in the afternoon sessions.**

Workshop D: Connecting with our bodies and minds - ACUDETTOX

Presented by: *Cheryl George, Health and Wellness Specialist, Central Consolidated School District*

In traditional Chinese medicine, the ear provides acupressure points that correspond to each part of the body. When a point is stimulated by pressure, adhesive pellets, or needles, the smooth and abundant flow of “Qi” or vital life energy returns to the related organ or area, allowing healing to take place. It restores calm and has been found to improve the ability to sleep, reduce muscle aches and reduce symptoms of depression, anxiety and intrusive thoughts.

****This workshop will be repeated at 1:15 – 2:45 p.m. in the afternoon sessions.**

LUNCH WILL BE SERVED

12:00 noon – 1:00 PM

Afternoon Workshops

1:15 PM – 2:45 PM

Workshop A: Connecting with our bodies and minds - ACUDETTOX

Presented by: *Cheryl George, Health and Wellness Specialist, Central Consolidated School District*

****See description of workshop above**

Workshop B: Connecting cultures - Practicing Cultural Humility

Presented by: *Pamela L. Begay, LCSW, Licensed Clinical Social Worker in Private Practice*

****See description of workshop above**

Workshop C: Connecting with community issues - Controlling the Drug Overdose Epidemic

Presented by: *Chris Trujillo, Pharm. D, and Luigi Garcia Saavedra, Substance Use Epidemiology Supervisor-MPH, New Mexico Department of Health/Epidemiology and Response*

This workshop will provide an introduction to the drug overdose epidemic in New Mexico. The presenters will present rates and trends of prescription and illicit drugs, New Mexico specific activities adopted to address this health issue, and discussion led by NMDOH and Stakeholders.

Afternoon Workshops

3:00 PM – 4:30 PM

Workshop A: Connecting with each other - Listen on FIRE!

Presented by: *Dr. Mike Hattabaugh, CEO Encouragement Lab, Associate Professor of Communication at San Juan College ,BA, M.Div. D. Min.*

****See description of workshop above**

Workshop B: Connecting Community Through Food Systems

Presented by: *Bonnie Hopkins, New Mexico State University, Agriculture Extension Agent*

****See description of workshop above**

Workshop C: Community Connections Panel

Panel Members: *Amanda Evans, Community Health Improvement Council/San Juan County Partnership; Randy John, Dine' Ba' Hozho Coalition; Jessica Polatty, Economic Development for Aztec and Bloomfield; and, Greg Allen, San Juan Safe Communities Initiative.*

This panel will present information on coalitions, groups and organizations that you can be involved in, to help make our communities better places to live. The groups address: the overall “health” of San Juan County; underage substance use; economic development; and, safe communities.

Workshop D: The Sandy Hook Promise Initiative: Connecting students, teachers administrators, community

Panel Members: *Kirk Carpenter, Aztec Municipal Schools; Cliff Washburn, Bloomfield Municipal Schools, Shaka Rucker, Central Consolidated Schools; Cody Diehl, Farmington Municipal Schools*

In response to recent tragedies with students in our county, school districts are participating in the Sandy Hook Promise Initiative. The mission of the organization is: Prevent gun-related deaths due to crime, suicide and accidental discharge so that no other parent experiences the senseless, horrific loss of their child. This panel of local school district personnel will provide information on what each district is doing to implement the Sandy Hook Promise in their schools.

Closing Ceremony

4:40 PM – 5:00 PM



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Registration Form

19th Creating Cultural Harmony Conference – April 2, 2019

"Connections"

To ensure a seat in your chosen workshop, please send completed registration form with the registration fee to:

Mail: San Juan County Partnership-CCHC, 3535 E. 30th St., Ste. 105, Farmington, NM 87402

Fax: (505) 566-5870 **Email:** office@sjcpartnership.org

Make checks or money orders payable to: San Juan County Partnership

Credit Card Number: _____ **Expiration date:** _____ **QVC:** _____

Type of Card: _____ **Signature:** _____

If you will be paying the day of the conference, please make a note at the bottom of the form.

- \$45.00 non-refundable registration fee**, includes CEH's, morning snack, and lunch.
- \$25.00 F/T Student - non-refundable registration fee**, includes CEH's, morning snack, and lunch

| Participant Information | | |
|---|------------------|----------------------------|
| Please type or print. Complete a separate form for each registrant. We must have an address in order to mail Continuing Education Hours (CEH) certificate. | | |
| First Name | Last Name | **CEH: Yes No |
| Organization | | |
| Address | | |
| City | State | Zip Code |
| Telephone | Email | |

We will make every effort to give you your first choice of workshops. Workshops will be assigned on a first come, first served basis.

Please select the letter for your first and second choices of workshops for each session:

MORNING SESSION: 10:30 a.m. – 12:00 noon First Choice _____ Second Choice _____

A – “Listen on FIRE!” – Dr. Mike Hattabaugh

B - “Practicing Cultural Humility” - Pamela L. Begay

C – “Connecting Community Through Food Systems” – Bonnie Hopkins

D – “ACUDETOX” – Cheryl George

AFTERNOON SESSION: 1:15 p.m. – 2:45 p.m. First Choice:_____Second Choice:_____

A – “ACUDETOX” – Cheryl George

B – “Practicing Cultural Humility” – Pamela L. Begay

C – “Controlling the Drug Overdose Epidemic” – Chris Trujillo and Luigi Garcia Saavedra

AFTERNOON SESSION: 3:00 p.m. – 4:30 p.m. First Choice:_____Second Choice:_____

A – “Listen on FIRE!”—Dr. Mike Hattabaugh

B – “Connecting Community Through Food Systems” – Bonnie Hopkins

C – “Community Connections Panel” – Amanda Evans, Randy John, Jessica Polatty, Greg Allen

D – “The Sandy Hook Promise Initiative: Connecting students, teachers, administrators, community – Kirk Carpenter, Cliff Washburn, Shaka Rucker, Cody Diehl

****Please note that 5.5 Continuing Education Hours (CEH) are pending from the New Mexico Credentialing Board for Behavioral Health Professionals in Cultural Competency/Awareness. CEH certificates will be mailed to participants who complete their paperwork after the conference concludes.**

San Juan College Henderson Fine Arts Center is an accessible facility. However, if you need special accommodations or interpreters, please contact San Juan County Partnership at (505) 566-5867 prior to the conference.

If you have any special dietary needs, please specify here:_____

Please Note:

No refunds will be given for withdrawal or non-attendance of the conference. If, due to circumstances beyond our control, a workshop is cancelled you will be given your second choice of workshop. If the conference is cancelled due to weather or some other unforeseeable event, a full refund will be mailed to attendees within 30 days.

Satisfactory completion of class for CEH credit. Attendees must arrive on time to the class and may not leave early in order to receive credit for attendance at the class. Participants will be required to submit a signed ticket for each class and a completed evaluation form to the room monitor upon leaving at the end of the class. Room monitors may not accept tickets or evaluations before the end of the class. Evaluations and tickets may not be filled out and submitted at a later date. If both the ticket and evaluation form are not received, a CEH certificate for that class will not be issued. Continuing Education Hour certificates will be mailed to participants fulfilling the requirements within two weeks of the conference.

Several local businesses have donated promotional items and prizes for our conference. Each attendee will receive a bag with fun items and there will be a door prize drawing at the end of each workshop. A grand prize will be awarded at the closing ceremony; you must be present to win. Join us and take one home!

For Office Use Only:

Date Received _____ Cash _____ CK# _____ MO/PO# _____

Recorded by: _____ CEU's Requested: _____ CEU Certificate Mailed _____